HUNTERDON COUNTY NUTRITION PROGRAMS

Program Name:	Lighten Up Weight
	Management Program
Agency/Instituti	Hunterdon Medical Center
on:	
Address:	190 Highway31 Suite 300
County:	Hunterdon
Phone:	(908) 788-6130
Focus:	Weight management, decrease
	lipids, and improve diabetic
	control
Services:	□ * % □ 9 ••
Population	All Ages.
served:	
Funded by:	Own Funding.
Fees & Charges:	Yes.
Other	-
information:	

HUNTERDON COUNTY PHYSICAL ACTIVITY PROGRAMS

Program Name:	Lighten Up Weight
	Management Program
Agency/Instituti	Hunterdon Medical Center
on:	
Address:	190 Highway 31 Suite 300
County:	Hunterdon
Phone:	(908) 788-6130
Focus:	To promote regular physical
	activity for obesity, cardiac, &
	diabetic patients who use our
	one to one nutrition counseling/
	medical nutrition therapy.
Services:	□ • * ?
Population	All ages.
served:	
Funded by:	Own funding.
Fees & Charges:	Yes
Other	-
information:	